

# SAMPLE LESSON TOPICS

## *ELEMENTARY:*

Reading Faces  
Personal Space  
Nonverbal Communication  
Asking Questions & Making Comments  
Joining In & Leaving Conversation  
Group & Public Behavior  
Dealing with Anger & Frustration

## *TWEENS/TEENS:*

Bullying & Peer Pressure  
Conversation Skills  
Accepting Criticism  
What is a Real Friend?  
Handling Stress  
Appropriate Social Media Usage  
Dealing with Embarrassment & Making Mistakes